

*Makrothumia*, which is used in [Galatians 5:22](#), is a compound formed by *makros* (“long”) and *thumos* (“passion” or “temper”). “Patience” in [Galatians 5:22](#) literally means “long temper,” in the sense of “the ability to hold one’s temper for a long time.” The KJV translates it “longsuffering.” A patient person is able to endure much pain and suffering without complaining. A patient person is slow to anger as he waits for God to provide comfort and punish wrongdoing. Since it is a [fruit of the Spirit](#), we can only possess *makrothumia* through the power and work of the Holy Spirit in our lives.

Source:GotQuestions