Yet I know of many very busy people who have given the first hour of every day for years to Bible study and some who have given even two hours a day. The late Earl Cairns, Lord Chancellor of England, was one of the busiest men of his day, but Lady Cairns told me a few months ago that no matter how late he reached home at night he always arose at the same early hour for prayer and Bible study. She said, "We would sometimes get home from Parliament at two o'clock in the morning, but Lord Cairns would always arise at the same early hour to pray and study the Bible." Lord Cairns is reported as saying, "If I have had any success in life, I attribute it to the habit of giving the first two hours of each day to Bible study and prayer."

R.A. Torrey - How to Succeed in the Christian Life